

What's Happening

A publication of Hardin County Community Services

SEPTEMBER, 2014

NAMI-WALK WITH US!

Join others locally to help raise awareness about mental illnesses and fight stigma by participating in the 2014 Walk With Us! The Walk will be September 13th at 10:00 a.m. at Foster Park in Iowa Falls. A picnic lunch will be served. You can also support the cause with donations. See the enclosed flyer for details.

PEER-TO-PEER PLANNED

NAMI Hardin County and Friendship Club plan to sponsor a local Peer-to-Peer class. The class is open to anyone with "lived experiences". The class will begin on Wednesday, September 17th, at 3:30 p.m., and will run for 10 weeks.

The class will be led by Lois Mills and Roger Bailey who have completed the trainings required by NAMI Iowa to teach the class.

If you are interested you can sign up at the Friendship Club or can contact Lois or Roger. Please take advantage of this opportunity!

September Clubhouse Outings

With the support of a grant from the Hardin County Community Endowment Foundation, members of the Friendship Club will visit the Hanson Dairy Farm on Wednesday, September 4th. Sign up at the Club.

Friendship Club will also enjoy a picnic lunch at the Ken and Sandi Butt farm on September 17th. Please register for this event at the Club by September 12th.

Goodbye Kathleen, Welcome Mary!

All Friendship Club members are invited to a party on Monday, September 8th at the Friendship Club to bid farewell to previous Clubhouse Assistant Kathleen Stieber and to welcome our new staff, Mary Nelson.

MARK THE DATE

Sept. 13, 10 a.m., NAMI Walk With Us!, Foster Park, Ia. Falls.

Sept. 25, 2:30 p.m., MHDD Advisory Board Mtg., Friendship Club, Ia. Falls.

Oct. 22, 8:30 a.m., FIA Advisory Board Mtg., Friendship Club, Ia. Falls.

FIA Advisory Board

There is an opening on the Hardin County Faith in Action Advisory Board. Anyone that would like to serve on the FIA Board is encouraged to contact Kathy Vitasek, Clubhouse Coordinator (648-7500), or Linn Adams (939-8168).

The Advisory Board is made up of up to 15 individuals from throughout the county that support FIA. Board members help direct the program and assist in fundraising. FIA sponsors the annual Christmas project and co-sponsors the annual Mental Health Awareness Seminar.

Don't walk in front of me; I may not follow. Don't walk behind me; I may not lead. Just walk beside me and be my friend.

-Albert Camus

Walk With Us
NAMI Hardin County's 1st Annual
Walk for Mind, Body and Spirit



When:
Sat. September 13, 2014

Where:
Foster Park, Iowa Falls, Ia

Time:
Walk: 10:30 - 11:30

Lunch: 11:30 - 1:00

Donations
Welcome

Registration due Sept 3.

Questions: Call 648-9610 or 648-7500

Yes, I want to walk .

Registration \$10:00 per walker

Name _____








Amount enclosed: \$ _____

Address _____

Return bottom portion to:
NAMI Hardin County
12422 M Ave.
Iowa Falls, Ia, 50126

SEPTEMBER

OPEN Mon, Wed & Fri 10:30 - 3:30

Sun	Mon	Tue	Wed	Th	Fri	Sat
<p>Member Birthdays</p>	<p>1</p> <p>CLOSED</p> <p>ENJOY LABOR DAY</p>	<p>2</p>	<p>3</p> <p>11:00 Morning Moments Friendship Lunch: Goulash Helpers: Vicki & Judy</p> <p>BEHAVIORAL HEALTH</p> <p> Sally Graves</p>	<p>4</p>	<p>5</p> <p>11:00 Morning Moments Sack Lunch</p> <p>Sandy Craft Creations</p> <p> Heather Trimble</p>	<p>6</p> <p> Shirley Schrandt</p>
<p>7</p> <p> Ben Hoeksta</p>	<p>8</p> <p>11:00 Morning Moments Sack Lunch</p> <p>Goodbye Kathleen & Welcome Mary Party Everyone Welcome</p>	<p>9</p>	<p>10</p> <p>HANSON DAIRY FARM</p> <p>4TH GRANT OUTING</p> <p>Pickups start at 10am, back around 4pm - <u>club not open</u></p>	<p>11</p>	<p>12</p> <p>11:00 Morning Moments Sack Lunch</p> <p>BOWLING</p>	<p>13</p> <p>NAMI HARDIN WALK with US 10:30 Foster Park</p>
<p>14</p> <p> Glenda Baily</p>	<p>15</p> <p>11:00 Morning Moments Sack Lunch</p> <p><i>Huh??? What did you say? Are you listening?</i></p>	<p>16</p> <p> Vicki Vest  Sharon Speck</p>	<p>17</p> <p>PICNIC LUNCH AT KENNY & SANDY BUTT PEOPLERIDES picks you up then at 10:30 bus to Butt's farm CLUB CLOSED Register by 9/12 1:30 Julie & Mary Share 3:30 Peer to Peer starts 4:00 NAMI Board Meeting</p>	<p>18</p>	<p>19</p> <p>11:00 Morning Moments Sack Lunch</p> <p>CALENDAR PLANNING & BINGO</p>	<p>20</p>
<p>21</p>	<p>22</p> <p>11:00 Morning Moments Sack Lunch</p> <p>Member Meeting & Members Choice</p>	<p>23</p>	<p>24</p> <p>11:00 Morning Moments Friendship Lunch: Cheeseburger Mac Helpers: Sally & Sharon</p> <p>Readings with Virginia 3:30 Peer to Peer</p>	<p>25</p>	<p>26</p> <p>11:00 Morning Moments Sack Lunch</p> <p>SHOW & TELL</p> <p>NEWSLETTER MAILINGS</p>	<p>27</p>
<p>28</p>	<p>29</p> <p>11:00 Morning Moments Sack Lunch</p> <p><i>Greenbelt Health Care CHAT</i></p>	<p>30</p>	<p>Open M,W,F 10:30 - 3:30</p> <p>Office Hours 8:30 - 10:30</p> <p>ACTIVITIES AT 1:00 UNLESS NOTED</p>	<p><u>clubiafalls@yahoo.com</u></p> <p>641-648-7500</p>		