

# What's Happening

*A publication of Hardin County Community Services*

## NOVEMBER, 2012

### **HOLIDAY EVENTS PLANNED**

Two holiday events are being planned for FIA and Friendship Club members. On Friday, November 30<sup>th</sup>, 5:00p.m., the East Side Ladies will sponsor their annual holiday party. The event, including supper, games, and music, will be held at the First United Methodist Church in Iowa Falls.

Hardin County Faith in Action will hold the annual FIA Reach Out at Christmas Party on Wednesday, December 19<sup>th</sup> at 4:00 p.m. The event will be held at the Bethany Lutheran Church in Iowa Falls. The event will feature a soup supper, games, music, and the distribution of Christmas gifts to individuals that have been active at Friendship Club the past six months and individuals that have been referred to FIA.

To sign up to attend either event contact the Friendship Club at 641-648-7500.

Letters have recently been sent to volunteers and organizations to sponsor gifts for the FIA gift giving. Anyone willing to sponsor individuals may contact Kathy Vitasek at 641-7500 or Hardin County Community Services at 641-939-8168.

### **FIA Partners for Progress**

An effort kicked off recently to raise donations to support a much needed additional handicap accessible restroom at the Friendship Club. A special committee has been contacting area churches, individuals, and organizations for donations to make the restroom a reality. A goal of \$4,500 in donations has been set. The fund drive is approximately one-third to it's goal.

If you would like more information about this project or would like to make a donation please contact Kathy Vitasek at 641-648-7500.

### **NAMIWalk 2012**

A cold, windy October morning brought together hundreds of walkers in an effort to raise awareness about mental illnesses.

Twenty-two Hardin County NAMI members and volunteers participated in the October 6<sup>th</sup> walk at the Farm Bureau Lake in Des Moines. Nearly \$2500 was raised locally to support the walk this year.



Following the walk, Hardin County NAMI President Ruth Norem stated, "it is wonderful to see the support and participation of Hardin County citizens and volunteers." She offered special thanks to Ellsworth Hospital, which was recognized as a supporter of the walk with a \$250 donation.

Thanks to all that supported the NAMIWalk!

### **DID YOU KNOW?**

**Adolescent girls aged 12-17 are three times more likely to have a major depressive episode than their male counterparts.**

**(SAMHSA)**



## ***Focus Friend*** **Gina Mitterer**

Our Focus Friend this month is Gina Mitterer. Gina has been a member at the Friendship Club for about 1 ½ years. Gina lives with her mom, Bonnie, on the west side of Iowa Falls. Gina moved to Iowa Falls seven years ago from Garner where she grew up.

**What would you like people to know about you?**

I used to work at Access in Hampton for 6 years. I come to Club every day I can. My brother, Brian, got married in September, so I have a sister-in-law named Tamara, and a step-nephew named Donavon.

**Why do you come to Friendship Club?**

To socialize with others and participate in all the fun activities and meet new people.

**What do you do for fun?**

I like to swim, ride my bike, go bowling, walking and listening to the radio.

## **Sign up for Friendship** **Club Holiday Meals**

Friendship Club will be sponsoring two holiday meals for Club members. A Thanksgiving meal will be provided on November 14<sup>th</sup>. A Christmas dinner will be served on December 12<sup>th</sup>. Turkeys have been donated for the meals. Members will be asked to provide side dishes or other items for the meals if possible.

In order to participate, members must sign up at the Friendship Club. Contact Kathy or Kathleen at Friendship Club for more information or to register.

### **Dates To Note-**

11/19/12-Friendship Club member meeting

11/23/12-Friendship Club closed for Thanksgiving holiday

11/30/12-East Side Ladies Holiday Party, 5:00 p.m., Methodist Church, Iowa Falls

12/11/12-MHDD Advisory Board meeting, 2:00 p.m., Freedom House, Iowa Falls

12/19/12-FIA Christmas party, 4:00 p.m., Bethany Lutheran, Iowa Falls

## **MHDD Redesign Update**

Last spring, the Iowa Legislature adopted comprehensive legislation that requires significant changes for MHDD services in Iowa. One change that took effect on July 1, 2012 was the State picking up the costs of the non-federal portion of Medicaid services. Previously, counties paid or shared the cost of the non-federal portion. In turn, State funding to counties ended. This change will significantly lower county MHDD expenditures, but will also dramatically reduce revenues.

Another change requires counties to regionalize for MHDD services or to request an exemption. Hardin County has been in discussions with Franklin, Hamilton, Marshall, Story, Boone, and Madison Counties regarding a region. The counties must inform the State by April, 2013, of their intentions to request an exemption or join a region. The legislation does not require the regions to be fully functional until July, 2014.







Another major change that will take effect July 1, 2013 will be the elimination of legal settlement in determining who funds services. The system will move toward a residency based system, however, there are certain exceptions to the residency definition.

Hardin County's efforts will be focused on the least interruptions possible to clients receiving services and to preserve as much local accessibility as possible.

# FRIENDSHIP CLUB

# November, 2012

OPEN M AND W 11 – 4 & F 11 - 3:30

Sun	Mon	Tue	Wed	Thu	Fri	Sat			
	<p><b>Meals "around" noon Activities "around" 1:00pm unless noted</b></p>		<p>clubiafalls@yahoo.com  <b>641-648-7500</b>  <b>602 S Oak, P O B 622</b>                      Iowa Falls, IA 50127</p>	1	<p>11:15 Get Moving Sack Lunch  <b>Crafts with Sandy</b></p>	<p>2                        Marcus Graves                        Kevin Harms</p>			
4	<p>11:15 Get Moving Sack Lunch  <i>Sharing with Billie Jo</i></p>	5	<p>11:15 Get Moving Friendship Lunch – Breakfast Casserole                      Helpers: Roger &amp; Sharon  <b>SHOW &amp; TELL</b>                      4:00 NAMI BOARD</p>	6	7	<p>8</p>	<p>9</p>	<p>10</p>	<p>11:15 Get Moving Sack Lunch  <b>BOWLING</b></p>
11	<p>11:15 Get Moving Sack Lunch                      1:30 SEEDS OF HOPE                      Robin Hartkopp</p>	12	<p>13</p>	<p>14</p>	<p>15</p>	<p>16</p>	<p>17</p>	<p>11:15 Get Moving Sack Lunch                      Thanksgiving Meal: sign up by 11/7, see info in newsletter                      Helpers: Glenda &amp; Shirley  <b>Freedom House - Sharon</b>   Judy Billington</p>	<p>11:15 Get Moving Sack Lunch  <b>CALENDAR PLANNING &amp; MEMBERS CHOICE</b>   Jay Duit</p>
18	<p>11:15 Get Moving Sack Lunch –  <b>MEMBER MEETING &amp; BINGO</b>   Matt Mosher   Roger Bailey</p>	19	<p>20</p>	<p>21</p>	<p>22</p>	<p>23</p>	<p>24</p>	<p>11:15 Get Moving Friendship Lunch- Potato Soup                      Helpers: Ed W. &amp; Jared  <i>Readings with Virginia</i></p>	<p>11:15 Get Moving Sack Lunch –  <b>THANKSGIVING - ENJOY YOUR FAMILIEY &amp; FRIENDS (CLOSED)</b></p>
25	<p>11:15 Get Moving Sack Lunch –  <i>Donnette from Greenbelt</i></p>	26	<p>27</p>	<p>28</p>	<p>29</p>	<p>30</p>	<p>11:15 Get Moving Friendship Lunch- Tator Tot Casserole                      Helpers: Wand &amp; Gina  <i>Current Events with Dean Booth</i></p>	<p><b>EAST SIDE LADIES CHRISTMAS PARTY 5:00PM</b>                      METHODIST CHURCH CLUB OPEN 2:00PM                      CALL BY 1:00PM FOR RIDES</p>	