

# What's Happening

A publication of Hardin County Community Services



## DECEMBER, 2012

### **FIA CHRISTMAS PARTY** **Monday, December 17<sup>th</sup>** **(NOTE: Date Change)**

**4:00-6:30 p.m.**

**Bethany Lutheran  
Church  
Iowa Falls**

*Soup Supper, Games,  
Pictures, New Activities*

Christmas gifts will be provided to Friendship Club members that have participated at Club in past 6 mths. and others referred through FIA.

### **Community Conversation about MHDD Redesign Jan. 9<sup>th</sup>**

NAMI Hardin County, Hardin County Community Services, and ID Action are sponsoring a community meeting about MHDD redesign. The meeting will be in conjunction with the NAMI Annual Meeting and will be held Wednesday, January 9<sup>th</sup> at 1:30 p.m. at the Barlow Library in Iowa Falls.

In early 2012, the Iowa Legislature passed a bill that made big changes in the state's mental health and disability services system. The legislation (Senate File 2315) changed the way the system is funded and managed.

Experts from ID Action and InfoNet in Des Moines will provide an informative presentation for consumers, families, and providers. There will also be time for questions.

**Mark this date and plan to attend this event!**

### **A SPECIAL TIME**

*By Elizabeth Johnson*

Let us peek in on our Christmas;  
it's the best time of the year.

I like to see childrens' faces  
as Santa Claus appears.

I like to see the colored lights  
when driving through the city,  
the Christmas trees are awesome;  
they're beautiful and pretty.

Most of all, the Holidays  
are set for gatherings;  
the young and old make Christmas time  
so extra rewarding.



### **FIA Partners for Progress**

An effort kicked off recently to raise donations to support a much needed additional handicap accessible restroom at the Friendship Club. A special committee has been contacting area churches, individuals, and organizations for donations to make the restroom a reality. A goal of \$4,500 in donations has been set. The fund drive is approximately one-third to it's goal.

If you would like more information about this project or would like to make a donation please contact Kathy Vitasek at 641-648-7500.

## December Club Meals

All members are encouraged to bring food to share, especially on Wednesdays for our Friendship Meals. Please sign up by December 5<sup>th</sup> for the Christmas ham dinner. Helpers are now awarded 3 points and are listed on the calendar.

For the Christmas meal on December 12<sup>th</sup> the Club will provide ham, potatoes, and drinks. The following have agreed to bring the "extras" for the Christmas meal:

- Glenda-relish tray
- Chris-2 cakes
- Sharon-3 pumpkin breads
- Gina-2 dozen rolls
- Heidi-2 dozen rolls
- Wanda-2 lbs. butter
- Mark-mixed vegetables
- Kathy-scalloped corn
- Deanna-fruit salad



Any other food to share is welcome at any of our meals. Thanks.

## How Does the MHDD System Change with Redesign

*From ID Action Advocate's Guide to MHDD Redesign*

The 2012 Redesign made some very big changes to Iowa's existing mental health and disability services system:

- ❖ Core services are expanded and are available to people regardless of where they live, but only as funding allows.
- ❖ Eligibility for services is limited in order to contain costs.
- ❖ State now pays for all Medicaid services, and local property taxes will pay for all non-Medicaid services and services to people not eligible for Medicaid.
- ❖ Legal settlement will end 7/1/12 and move to a residency basis.
- ❖ Counties will be required to join regions (or seek exemption) to manage the system.

## Dates To Note-

12/11/12-MHDD Advisory Board meeting, 2:00 p.m., Freedom House, Iowa Falls

12/19/12-FIA Christmas party, 4:00 p.m., Bethany Lutheran, Iowa Falls

1/9/13-NAMI Annual Meeting & Community Meeting re: MHDD Redesign, IF Library, 1:30 p.m.

1/16/13-FIA Adv. Board Meeting, 8:30 a.m., Friendship Club, Iowa Falls.

## Did You Know-

**About 75% of how long we live, and our chances of suffering from heart attack, diabetes, and certain cancers, is determined by our behaviors. (Wellmark/BCBS)**

## IPR Update

The new Intensive Psych Rehab (IPR) program, started by Hardin and 6 other counties, is off and running. The new entity providing IPR services is Central Iowa Recovery.

IPR works with persons with a mental illness to help them become more stable, independent, and to improve their lives in five life domains.

Anyone wanting more information or would like to be referred for IPR may contact Hardin County Community Services at 641-939-8168.

*"What lies behind you and what lies in front of you pales in comparison to what lies inside of you"*

*-Ralph Waldo Emerson*



# FRIENDSHIP CLUB December, 2012 OPEN Mon AND Wed 11 – 4/Fri 11-3:30

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	<p><i>Meals "around" noon</i> <i>Activities "around"</i> <i>1:00pm unless noted</i></p>		<p> Member Birthdays</p>		<p>clubiafalls@yahoo.com 641-648-7500 602 S Oak, P O B 622 Iowa Falls, IA 50127</p>	1	
2	<p>11:15 Get Moving Sack Lunch</p> <p><i>Sharing with Billie Jo</i></p> <p><b>SURPRISE PARTY FOR ???</b></p>	3	4	5	6	7	8
			<p>11:15 Get Moving Friendship Lunch – Spaghetti Helpers: Gina, Heidi</p> <p><i>Readings with Virginia</i></p> <p><i>Sign up for Christmas meal by today!</i></p> <p> Beverly Schoenfeldt  Ed Maze</p>		<p>11:15 Get Moving Sack Lunch</p> <p><b>Crafts with Sandy</b></p>		
9	10	11	12	13	14	15	
	<p>11:15 Get Moving Sack Lunch</p> <p><b>CALENDAR PLANNING &amp; MEMBERS CHOICE</b></p>	<p> Chris Starkey  Kevin Knapp</p>	<p>Christmas Ham Meal: Sign up by 12/5; see newsletter Helpers: Glenda, Roger, Sharon</p> <p><b>Freedom House - Sharon</b></p> <p><b>4:00 NAMI BOARD</b></p>		<p>11:15 Get Moving Sack Lunch</p> <p><b>BOWLING</b></p>		
16	17	18	19	20	21	22	
<p> Alan Hilpipre</p>	<p><b>FIA/Friendship Club Christmas Party @ Bethany Lutheran</b></p> <p><b>4:00PM- Call by 1:00 PM for a ride. Club open at 2:00PM</b></p> <p> Gina Mitterer</p>	<p> Julie Baugh</p>	<p>11:15 Get Moving Friendship Lunch- Chili Helpers: Deanna, Wanda</p> <p><b>MEMBER MEETING &amp; BINGO</b></p>		<p>11:15 Get Moving Sack Lunch –</p> <p><b>Current Events with Harold Alt</b></p> <p> Nichole Moreno</p>		
23	24	25	26	27	28	29	
	<p><i>Merry Christmas</i></p> <p><b>NO CLUB</b> </p>	<p>Have a Blessed Christmas </p>	<p>11:15 Get Moving Friendship Lunch- Chili Pie Helpers: Roger, Glenda</p> <p><b>SHOW &amp; TELL</b></p>		<p>11:15 Get Moving Sack Lunch –</p> <p><b>PAST REFLECTIONS, FUTURE HOPES &amp; DREAMS</b></p>		
30	31	1					
<p>Happy 2013 NO CLUB</p>							